

TheArc
of Baltimore



Sixty years of
daily achievements

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Moms Understand!

- Does anyone really understand the joy I feel over the little things?
- Who can I talk to who really understands about the sadness I sometimes feel?
- What is the transition from one school to another going to be like?
- Are there questions I should be asking the doctors, teachers, therapists etc.?
- What is going to happen to our family in the future?

and so much more.....

We laugh, cry, share stories and hugs!

Join us the **first Wednesday** of the month at:

The Arc of Baltimore
7215 York Road
Baltimore, MD 21212

6:30 pm to 8:30 pm

Bring food to share. We look forward to seeing you!

For more information and to RSVP please contact: Dianna Morgan at (410) 296-2272 extension 5347 or e-mail:
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